

## **CLATUU at Nitai Medical & Cosmetic Centre**

Explore the state-of-the-art treatment that can transform the shape and appearance of your body.

CLATUU is a non-invasive treatment designed to help you get rid of stubborn fat deposits without the discomfort and downtime of surgery. It utilises advanced cooling technology that allows you to return to your normal routine right after treatments.

Explore the guide to discover if CLATUU is suitable for you.

www.nitai.com.au

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### HOW DOES CLATUU WORK?

CLATUU is the ultimate solution to reduce stubborn fat: it is the most technologically advanced system available today, allowing you to save time and money with each treatment.

CLATUU is able to do this because of its Dual Handpiece system and the world's first cooling applicators for faster and more effective fat reduction.

The CLATUU treatment process uses precise and controlled cooling methods to eliminate stubborn fat that is resilient to exercise or diet.

CLATUU works by gently drawing fatty areas in the applicators and cooling the area to a temperature that causes the destruction of the fat cells, while keeping normal cells intact. This brings about a gradual reduction in the size of the fat layer of the target area.



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## SO, WHAT CAN I EXPECT?

CLATUU uses cooling applicators that suction onto your skin and fat cells almost like a vacuum. The procedure can take from 45 minutes to a few hours depending on the area of the body and the condition of the patient. You should remain quite comfortable during the entire procedure as it is a non- invasive procedure.

Prepare to sit still and relax for a couple of hours, many patients bring a magazine, book, laptop or tablet to read, watch a movie or play games on. Most patients have said they can easily relax as the pain has been rated low to mild. Patients who rated the treatment mild said the procedure involved mild cramping and tightness at certain times. Other patients who rated the procedure at a lower rate experienced a cooling sensation, itchiness, tingling, and numbness. Overall, patients have not described this procedure as unsettling. At Nitai Medical & Cosmetic Centre, we have performed thousands of CLATUU procedures and aim to make this procedure as comfortable as possible.

After the procedure, almost all patients are able to resume their day as expected. Most patients are able to continue their average work day or activities. You should not expect instant results; they will be more prominent within a few weeks with your skin appearing tighter.

Within a few months, the results will begin to appear, this helps ease the process of eliminating the effects of loose skin after losing fat. This process decreases the need for surgery to remove excess skin and appears more natural as if you lost the weight slowly.

## IS CLATUU SUITABLE FOR YOU?

The ideal candidate for CLATUU is a person who has been unable to remove specific areas of unwanted fat with continual diet or exercise. Concerns may include fat bulges such as muffin tops, love handles, fat deposits on the abdomen, upper arms, back and flanks.

# It must be noted that CLATUU treats both men and women who suffer as a result of stubborn fat.

CLATUU offers a solution to these issues — without surgery or downtime.

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## CLATUU AT NITAI MEDICAL & COSMETIC CENTRE

### Remove stubborn fat without surgery or downtime.

If you have considered undergoing liposuction, but you aren't ready to commit to the downtime of surgery, or perhaps the expense is prohibitive. Whatever your reason for delaying fat removal, CLATUU is the answer to allay your concerns.

A true alternative to liposuction, CLATUU leaves no scars or marks, can be done during your lunch break and costs just a fraction of liposuction treatments.

CLATUU is not a weight loss treatment, nor does it replace the benefits of proper diet and exercise. It does not treat obesity. We recommend that patients who have had CLATUU treatments follow a healthy regimen of diet and exercise post-treatment in order to maximise the treatment benefits.

If you are interested in learning more about CLATUU, contact the team at Nitai Medical & Cosmetic Centre to find out more.

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## CONTACT NITAI

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Monday: 8:30am to 7:00pm Tuesday: 8:30am to 4:30pm / 5:00pm Wednesday: 8:30am to 4:30pm / 5:00pm Thursday: 8:30am to 4:30pm / 5:00pm Friday: 8:30am to 4:30pm / 5:00pm

Appointments after 5pm do require a \$50 deposit which is credited towards future treatments.

**CLICK TO BOOK AN APPOINTMENT** 

#### **Disclaimer:**

Individual results may vary. Surgery and all health regulated services carry risks which need to be discussed with your doctor. It is always recommended to seek a second opinion.